

Job hunting Hints and Tips:

Dressing for Interviews

Prepared by The Jenrick Recruitment Group



It may not be fair, but it's an unavoidable fact that **appearance really counts** in interview situations.

Looking credible and confident can suggest you're the right person for the job.

The key to dressing for interview is to dress appropriately for the company to which you are applying, and to **keep things simple**.

'**Do your homework** and see how the company presents itself on a daily basis,' says Barney Tremblay of the Federation of Image Consultants. 'A three-piece suit may be totally inappropriate for a laid-back design agency, for example.'

Do:

- **Familiarise yourself with the dress code** of the company you are applying to. If this is not possible, wear a suit - it shows respect. If you get a second meeting you can then dress more like those you observe around the company's premises.
- **Try on your 'interview outfit' in advance** and make sure you have everything cleaned, pressed and in good repair in advance. It may sound obvious but the last thing you need on the day is a panic over clothing.
- **Pay attention to detail** - keep accessories to a minimum.
- **Keep cosmetics simple** - neutral and well applied.
- **Choose garments** that flatter your shape and go for unobtrusive colours.

Don't:

- **Overdress** - turning up in top hat and tails might be a bit over the top, especially if everyone else is in jeans and trainers.
- **Neglect grooming details** - unkempt fingernails and dandruff on shoulders can be distracting and off-putting.
- **Wear too much perfume** or cologne.
- **Pick loud colours or patterns** - if in doubt err on the side of caution and go muted.
- **Wear uncomfortable garments** - you won't feel relaxed. It's best to pick an outfit you have worn before.

